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# LIFE

## SEMINAR

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*“Train up a child in the way he should go, and when he is old, he will not depart from it.” Proverbs 22:6*

You are not smart when you know something; you are smart when you do something. Knowledge is not power; it is potential power. The greatest power or influence that you will ever have is found in the parent-child relationship. How you were raised can either leave deep wounds or great memories. If you grew up in an abusive home, I want you to know that what you went through was not your fault. Children don't get to choose the type of parents that they will have. The good news is that as a parent, you can choose how you will raise your kids and break any negative cycles in your family tree. Those who can see their purpose in life tend to live happier lives.

A. What are the three important questions that Christianity answers?

1. \_\_\_\_\_ did I come from?
2. \_\_\_\_\_ am I doing here (life's purpose)?
3. \_\_\_\_\_ am I going?

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B. What are two things you can do to build a foundation of self-understanding and purpose in the life of your child?

1. \_\_\_\_\_

2. \_\_\_\_\_

C. You do not have to be a perfect to be a good parent. What are two crucial items that kids crave?

1. \_\_\_\_\_

2. \_\_\_\_\_

D. When it comes to parenting, more is \_\_\_\_\_ than \_\_\_\_\_.

E. Know who your child's \_\_\_\_\_ are and get to know their \_\_\_\_\_.

F. Kids need \_\_\_\_\_. The longer you can keep your child from \_\_\_\_\_, the better. The same goes for allowing kids to have a \_\_\_\_\_.

G. One of the best things for kids is to have a \_\_\_\_\_ engaged in their life.

H. Kids need parents who are willing to make \_\_\_\_\_.

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I. Kids need parents who will be \_\_\_\_\_  
\_\_\_\_\_ for them.

J. Kids need parents who will be in the \_\_\_\_\_  
with them.

K Kids need to know what their parents \_\_\_\_\_  
about them.

L. Kids need parents to \_\_\_\_\_ what it  
means to live a \_\_\_\_\_ .

M. Kids need to learn to be \_\_\_\_\_.

N. Kids need to learn the importance of \_\_\_\_\_.

O. One of the best skills that parents can teach their kids is  
the skill we call “\_\_\_\_\_.”

### Life Group

1. Based on what was just covered, what are some practical things parents can do to build a stronger relationship with their children?

2. What comes to mind when you here the phrase “more is caught that taught?”

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3. Describe some qualities of good parents.

4. Why is it important for parents and their children to be a part of a church community?

### Homework

You are wired with everything you need to be a good parent.

1. Write your children a personal letter where you share what you believe about them.

2. Begin to apply the 15-30-1 rule. Spend 15 minute every day, face-to-face with your kids. Every day shut off all the electronics in your home for 30 minutes. Schedule one-on-one time with each kid every week. The 15-30-1 rule can be accomplished by starting a family board-game night, going for a bike ride, doing errands, etc. Eat dinner around the kitchen table and ask your children how their day went. Schedule a special outing where you can create memories with your children.

### Notes and Action Points